

Shopping List

September 2024 Freezer Fill

BBQ Pulled Chicken

Coleslaw Mix
Coleslaw Dressing
Slider Buns
Corn on the Cob
Watermelon

Turkey Bolognese

Baguette
Box of Pasta
Parmesan Cheese
Romaine Lettuce
Caesar Dressing
Croutons

Fiesta Pulled Chicken

Taco Shells
Shredded Cheese
Sour Cream
Avocado
Tortilla Chips

Buffalo Chicken Peppers

Mixed Greens
Tomatoes
Canned Corn
Avocado
Ranch Dressing

Chicken Pot Pie

Box of Rice
Fresh Melon

Beef & Broccoli

Baguette
Pineapple

Pork Tenderloin
Sheet Pan

Grape Tomatoes
Cucumbers
Red Onion
Olives
Feta Cheese
Greek Dressing

Baked Chicken Nuggets

Ketchup
Frozen French Fries
Carrot Sticks
Apple Slices

Please note, these are just suggestions for ways you can enjoy Kyndra's Kitchen meals. We encourage you to make them your own, and would love to see how you enjoy each meal!